

The following exercise will help renew your mind to a true knowledge of your heavenly Father. Read the list **aloud**.

Work your way down the following lists, one by one, left to right. Begin each one with the statement in bold print at the top of that list.

I renounce the lie that my Father God is...	I joyfully accept the truth that my Father God is...
Distant and disinterested	Intimate and involved (Psalm 139:1-18)
Insensitive and uncaring	Kind and compassionate (Psalm 103:8-14)
Stern and demanding	Accepting and filled with joy and love (Romans 15:7; Zephaniah 3:17)
Passive and cold	Warm and affectionate (Isaiah 40:11; Hosea 11:3,4)
Absent or too busy for me	Always with me and eager to be with me (Hebrews 13:5; Jeremiah 31:20, Ezekiel 34:11-16)
Never satisfied with what I do; impatient or angry	Patient and slow to anger (Exodus 34:6, 2 Peter 3:9)
Mean, cruel or abusive	Loving, gentle and protective of me (Jeremiah 31:3; Isaiah 42:3, Psalm 18:2)
Trying to take all the fun out of life	Trustworthy and wants to give me a full life; His will is good, pleasing and acceptable for me (Lamentations 3:22, 23; John 10:10, Romans 12:1,2)
Controlling or manipulative	Full of grace and mercy, and He gives me freedom to choose (Hebrews 4:15, 16; Luke 15:11-16)
Condemning or unforgiving	Tenderhearted and forgiving; His heart and arms are always open to me (Psalm 130:1-4; Luke 15: 17-24)
Nitpicking, exacting or perfectionistic	Committed to my growth and loves and affirms me as His growing child (Romans 8:28,29; Hebrews 12:5-11; 2Corinthians 7:4)

I am the apple of His eye! (Deuteronomy 32:9-10)

Faith is choosing to believe and act upon what God says, regardless of our feelings or circumstances. Believing something, however, does not make it true. *It's true; therefore, we choose to believe it.* The New Age movement has twisted the concept of faith by saying that we make something true by believing it. No, we can't create reality with our minds; only God can do that. We can only face reality with our minds.

Just "having faith" is not enough. The key question is whether the object of your faith is **trustworthy**. If the object of your faith is not reliable, then no amount of believing will make it reliable. That is why our faith must be on the solid Rock of God Himself and His Word. That is the only way to live a responsible and fruitful life. On the other hand, if what you believe in is not true, then the way you end up living will not be right.

For generations, Christians have known the importance of publicly declaring what they believe. Read aloud the following Statements of Truth, *thinking* about what you are saying. You may find it very helpful to **read it daily** for several weeks to renew your mind with the truth and replace any lies you might be believing.